

Brunswick Hub News

Being Here For Local Communities

NOVEMBER 2020

Despite Lockdown beginning November 5th, Brunswick Hub will remain open for certain services, doing what we can to help the community.

Our reception will be open from 10am until 2pm for Hearing Aid batteries, our slipper service and general enquiries. We will also still be available to issue Foodbank vouchers and to take referrals for our Emergency Chilled Foodbank service. If you would like to call ahead prior to coming in— you can reach us on the number below. Our Employment Programme, Bereavement support and Social Prescribing service will still be running as much as possible, although some aspects will run remotely-online or by telephone.

NHS Clinics will continue to run in building—Please check in for all appointments at reception. The Sexual Health clinic will still be here in certain capacities, call 0300 123 6644 for more info.

We ask that all entering the Hub wear face masks/coverings, use hand sanitisers provided and follow social distancing rules by remaining 2m away from others.

For more information on our current services, you can visit our website— www.bhlc.services or give us a call on [01926 422123](tel:01926422123).

How to get in touch with us here at the Hub:

 98-100 Shrubland Street, Leamington Spa, CV31 3BD

 01926 422123  @Brunswickhlc  @BrunswickHub

 www.BHLC.services  @brunswickhub.bhlc

Turkey & Elf Day

Although we will not be able to put on our annual Turkey batch day in the same way as previous years, we will be adapting to find a way to celebrate the festive season in line with guidelines...

We will be holding a 'Turkey Batch Takeaway Day' on Wednesday 16th December for the community! More details to be confirmed in next months newsletter and on our website and social media!



Also on December 16th, staff will be donning their best elf outfit for the day to raise some money for The Alzheimer's Society.

If you would like to donate, visit www.justgiving.com/fundraising/elfday-brunswickhub

Donations

Due to current circumstances, we are unable to run the Christmas Tombola that we would usually do in December. Instead, we are asking for donations of Christmas treats such as selection boxes, biscuits, etc, that will go to local families that we help with our Chilled Food Bank provision—Please drop any donations at reception, between 10-2pm (Mon-Fri).

If you'd like to make a cash donation to the Chilled Foodbank service to aid families that are struggling at the moment, we will accept these too.

Prospects

Prospects offer careers support for 16-18 year olds.

Prospects adviser Catherine Wong, is at Brunswick Hub every Tuesday (term time) from 1 - 4pm. She can provide friendly and honest support to young people who need it, including advice on options available, job/careers advice, mentoring, CV/application forms etc.

Appointment only, so please contact Catherine if you wish to make an appointment on 07702 862446/ catherine.wong@prospects.co.uk

prospects

Inspiring People: Developing Potential

Skills Toolkit

The Skills Toolkit, which provides free courses to help people learn new skills or get a new job, has also been expanded to more than 70 courses in digital, numeracy and employability or work-readiness courses.

For access to FREE Level 2 Courses please contact Rachel here at Brunswick Hub on 01926 422123 for more info.



Time Bank

Warwick District Timebank has been set up locally to help with our community's response to the Covid-19 outbreak but also to support and encourage community action. A timebank encourages networking and friendships to be started by sharing time with others.

Timebanking is where you exchange time with other people in your community. You could do anything for an hour (or more) and offer this to the community or request help with something that you need like gardening, guitar tuition or dog walking from others.

The currency is time: one hour = one hour

This is the same whatever you offer or request – it is the time that counts.

Join today and encourage your family and friends to join too and start banking your time → <https://tol2.timebanking.org/warwickdistrict>



Any questions, please contact Mick Spicer via facebook.com/time4warwickshire or on 07825 938396 or on t4wtimbanks@warwickshire.gov.uk
>Warwick District Timebank is part of the WCC Time4Warwickshire project<

Jumpstart



JumpStart

If you've ever thought of starting your own business, why not join one of Jumpstart's free virtual workshops this month? - All you need is a business idea!

Action Planning for Success—Weds 11 November, 2-5pm

Exploring Being Your Own Boss—Thurs 12th November, 2-5pm

Business Planning (2-part workshop) —Weds 18th November, 2-5pm

Thurs 19th November, 2-5pm

Cash Flow Forecasting (2-part workshop) —Weds 24th November, 2-5pm

Thurs 19th November, 2-5pm

Social Media Masterclass—Thurs 26th November, 10am –4pm

To book a place, give the team a call on 02476 551 777 or message them on Facebook— @JumpStartbyCWRT

Garden

We are really pleased to share that our Secret Garden has achieved a 'Highly Commended Award' from Leamington in Bloom this year! We would like to say thanks to everybody who has helped with the project but we'd especially like to say a massive thank you to



Dougie, who has looked after the garden this year and worked so hard to transform it into a colourful and positive space!
Thank you Dougie!



TIMETABLE

Brunswick Hub—Opening Hours: 10.00-14.00 (Mon-Fri)

Unfortunately, none of these services are drop-in at the moment, get in touch for more info!

MONDAY

Energise Employment Services	10:00-14:00	Weekly	01926 422123
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TUESDAY

Energise Employment Services	10:00-14:00	Weekly	01926 422123
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Prospects (Career advice for 16-18yr olds)	14:00-16:00	08/09-13/10	Contact Catherine on 07702 862446
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WEDNESDAY

Energise Employment Services	10:00-14:00	Weekly	01926 422123
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THURSDAY

Energise Employment Services	10:00-14:00	Weekly	01926 422123
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Bereavement Group	11.00-13.00	Weekly	Brunswick Hub
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FRIDAY

Adventure Babies	09:30-12:00	Weekly	www.adventure
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Charity No: 1125500

Company No: 06181997