

Brunswick Hub News

Being Here For Local Communities

MARCH/APRIL 2021

The census is coming

Sunday **21 March**



it's about us
census 2021

The census 2021 is comingBe counted and help make sure your community gets the services needed now and in the future. All households will soon receive a letter with an access code to take part online.

Brunswick Hub is an official Census Support Centre that can help you complete your census. Help may be needed for various reasons, such as:



learning disabilities or cognitive impairments



blind or partially sighted



deaf, speech or hearing impairments



need language support



physical impairments

Or maybe you are struggling to get online to do your census...Do you need access to a computer? Do you need help using a computer? If so, please contact us on 01926 422123 to book a face-to-face appointment.

Find out more about the census at www.census.gov.uk

Brunswick Hub Wellbeing Team



Trish has recently joined the Brunswick Hub Team as a Well Being Officer. She has previously worked within the community to address health and social issues and enjoys engaging with the local community to identify areas of need and develop services to address any issues or concerns raised.



Our Wellbeing Officers provide a service to help people to make positive changes to their lives.

They offer a range of non-medical interventions that helps to connect people to their community, access practical and emotional support and signpost them to activities or services.

Everyone is unique and will have different needs depending on their situation. Our Wellbeing officers will listen to your needs, understand what is important to you and work with you to meet your needs or goals. We can offer support in so many ways, support in meeting new friends, finding professional help with debt and finances, mental health, bereavement support, the list is endless...

If anyone would like a chat please contact them on 01926 422123 where we will be more than happy to speak to you.

Bereavement Support

Our next Bereavement Support group begins on Thursday 15th April and will run for 6 weeks, 1.30-3.30pm. Contact us on 01926 422123 or email theresataylor@brunswickhlc.org.uk to book a place for the 6 weeks.



One-to-one bereavement support is also available for those who require it—Get in touch on the phone number above for more info.

BHUB Services

Now that we have a 'roadmap' of how guidelines will change over the coming months, the Brunswick Hub team are looking into what services we can reintroduce safely. You can find the latest updates on our website or our social media!

If you have any questions about what services are currently available, you can get in touch with us between 10-2pm, Mon-Fri on 01926 422123

Chilled Food Bank

Our Emergency Chilled Foodbank is available to help families that are struggling to make ends meet and in need of crisis support. We have helped 113 families (393 people) since the service began in October!

If you think you might benefit from this service, please give us a call on 01926 422123.



It's difficult to solve all your troubles but there are tools out there to help you.

BBC Headroom has put together a useful toolkit to help you look after yourself and your loved ones.

The link for the toolkit is:

<https://www.bbc.co.uk/programmes/articles/YfRzhXDKSZQxFVn30TIXBj/your-mental-health-toolkit> or search 'bbc headroom' on Google to find it.

Census 2021 'Be Scam Aware'

Census Day is Sunday 21 March 2021. After Census Day, at the end of March and into April, census field officers will be visiting households from which they have not received a completed census form. They will encourage people to complete the census and help residents to access further help if they need it.

Scammers may seek to use the Census as an opportunity to perpetrate doorstep, telephone, and online scams, so it is important to remember the following:

- > At no point will you be asked for your national insurance number, passwords, bank account details, or your credit or debit card numbers, nor any payment
- > You will not receive any payment for completing the census, so any offers of money in exchange for your account details will be fraudulent
- > You will not be called for information about the census unless you've made an appointment with the Census Contact Centre or made a query or complaint
- > No-one will enter your home in relation to the census

Help to fill out your form is free (for more information visit:

<https://census.gov.uk/> or phone 0800 141 2021)

You can report a fraud direct to Action Fraud on 0300 123 2040 or visit: <https://www.actionfraud.police.uk/>



ASD Support Group

We are currently running an online support group for parents & carers of children/young people with ASD. The group takes place every Thursday 10.30-11.30am.

An official diagnosis is not required, just ring 01926 422123 or email sallyharwood@brunswickhlc.org.uk and register your interest with Sally.

World Autism Week 2021 runs from 29th March—4th April and we have prepared information and activities for group members and their families.

For more information on Autism Week [visit autism.org.uk](http://visitautism.org.uk)

Employment Services

We are still offering advice and support to those looking for work either online or by telephone.

We can help with a variety of areas, including:

- > Assistance with job search
- > CV help
- > Benefit Advice

For more info on how we may be able to help, call 01926 4221223 or email rachelcefai@brunswickhlc.org.uk



Visit our Employment Facebook page : @BrunswickHubEC

Slippers

We still sell slippers, sizes 3—12 in both regular slipper style and bootie. Both styles are wide-fit and open up down the front with a Velcro-fastening so are easier to get on and off. The bootie style are cut slightly higher on the ankle.

At this time, prices are £13 for the Ladies' slippers, £16 for the Men's.

For more info on getting slippers, call reception on 01926 4422123.



Opening Hours: 10.00-14.00 (Mon-Fri)

How to get in touch with us here at the Hub:



98-100 Shrubland Street, Leamington Spa, CV31



01926 422123



@Brunswickhlc



@BrunswickHub



www.BHLC.services



@brunswickhub.bhlc