

Brunswick Hub News

Being Here For Local Communities

August 2021

We are open 9.30am-3.00pm, Monday-Friday for various services, some of which are appointment only. For details of all of our services currently available, you can visit our website www.BHLC.services

Alternatively, you can contact us here at the Hub—
Here's how to get in touch:

 01926 422123

 @Brunswickhlc

 @BrunswickHub

 @brunswickhub.bhlc

 98-100 Shrubland Street, Leamington Spa, CV31 3BD



We're very pleased to welcome Julie to the Brunswick Hub team.

She will be joining us as a Wellbeing Officer and will be here to help service users with a range of issues that may be affecting their wellbeing—she will also



be running the Space Synergy service (see left) for Orbit tenants. Julie has previously worked in a similar role supporting those in communities.

She is looking forward to getting to know those that use the Hub and be part of the work we do to help those in Brunswick ward and beyond...Welcome Julie!



Space Synergy

If you're an Orbit tenant and need support with your health & wellbeing, we can help with issues such as bereavement, employment & benefit advice, access to physical activities, mental wellbeing, etc. Call 01926 422123 for more information.

Family Cooking Lessons

Due to the success of the 7 week cooking course run here at the Hub and the demand for more, we are hoping to run further sessions from September.

To register your family's interest, call 01926 422123 or email frontdesk@brunswickhlc.org.uk

Adventure Babies

The sensory storytelling classes return in September with the first term running 17/09-22/10.

Visit www.adventurebabies.co.uk/warwickshire-coventry/ for more info on the classes and to book a place.



SEND Support

Every Wednesday morning between 10-12, we hold an activity group for parents & carers along with their children/young people with additional needs.

The group is run by volunteers, Hannah & Laura, who will make you feel welcome and fetch you a cuppa.

Currently, the group has been meeting in the Secret garden and doing a different activities each week.

For more information,

email sallyharwood@brunswickhlc.org.uk



Bereavement Group



Our next 6week Bereavement group will be running from

3rd September, every Friday , 1.30-3.30pm.

To book a place, please get in touch with Theresa on 01926 422123 or via email: theresataylor@brunswickhlc.org.uk

(We also offer one-to-one Bereavement support)

Chilled Foodbank

Our Emergency Chilled Foodbank for families is still operating throughout the Summer for those struggling to make ends meet—providing £20 worth of chilled & frozen items for £5. Families can be referred by Health visitors, social prescribers, organisations they are already working with, etc or they can self-refer by getting in touch with us here at the Hub.

For more info, give us a call on 01926 422123



Upcoming Courses at the Hub



NEW Courses starting in September at **Brunswick Hub**

Register your interest NOW to reserve your place

Rachel 01926 422123 or rachelcefai@brunswickhlc.org.uk



Functional Skills - Tuesday

English (9:30-11:30)

Maths (12:30-14:30)

IT Courses - Wednesday

Digital Gateway to Work—Improve Your Job Prospects

Introduction to Word, Spreadsheets, Publisher, Presentations

Essential Digital Skills—New Technology—Basic Skills

Essential Digital Skills— New Technology—Entry Level 3

Essential Digital Skills—New Technology—Level 1



www.warwickshire.gov.uk/acl



**For more details on the courses that are available at the Hub come
September, see our course booklet**

Uniform

We're still collecting donations of school uniform (primary & secondary) to help families that are struggling to afford it in these tough times - particularly branded items like blazers, jumpers/sweatshirts/cardigans, PE kits, etc. If you have items of uniform that are no longer in use, you can



drop them into the Hub during our opening hours and we will pass them onto someone who needs them.

If you are struggling to buy uniform, please give us a call on 01926 422123 and we will do our best to help you.

TIMETABLE

Unfortunately most of these services are drop-in, contact (detailed below) to book.

MONDAY

	TIMES	HOW OFTEN	CONTACT
Energise Employment Services	10:00-11:30	Weekly	Brunswick Hub

TUESDAY

Energise Employment Services	10:00-11:30	Weekly	Brunswick Hub
Brunswick Walking Group	13.30-14.30	Weekly	Brunswick Hub
Free Boxing training	17:00-18:00	Weekly	Contact Ben on 07915 368734
Havana Salsa	19.30-21.30	Weekly	www.havana-salsa.co.uk

WEDNESDAY

Digital/Computer Support	10:00-14:00	Weekly	Brunswick Hub
Triple Link Dementia Cafe	11:00-12:30	Weekly	Brunswick Hub

THURSDAY

Energise Employment Services	10:00-11:30	Weekly	Brunswick Hub
Jaykays Dance Company	10:00-12:00	Weekly	www.jaykaysdancecompany.co.uk/

FRIDAY

Digital/Computer Support	10.00-14.00	Weekly	Brunswick Hub
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