



*Space Synergy*



Are you feeling isolated or just need some help and information?



Come and join us for a Tea and Talk on Wednesday 29th June 1PM—3PM here at Brunswick Hub (98-100 Shrubland Street CV32 3BD)

We will have the following team members on hand for you to come and meet for information and advice:



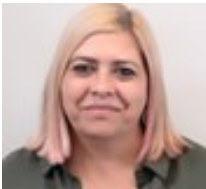
Theresa—Health and Wellbeing officer providing dementia & bereavement support.



Trish and Julie—The wellbeing team will be on hand to help with any issues you might have be it mental health, loneliness and isolation, digital inclusion and physical health.



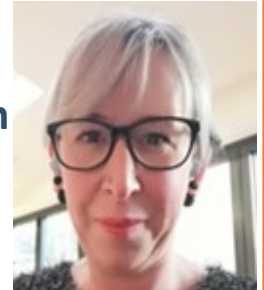
Megan—Long covid project officer providing emotional support to those facing daily struggles of living with long covid.



Dawn— Centre Manager



Rachel & Janine— employment officers can support with CV writing, online job search and Benefits advice.



We will also have members of the team available to give advice on ASD support, foodbank, chilled food bank, community veg bags and more. We look forward to seeing you!